

# 3 Day Individual Healing Retreats @ Mt. Peale Animal Sanctuary and Healing Center

(Mile Mark 14 on Hwy 46 in  
Old La Sal, Utah)



## Winter – A time of germination and restoration. November 2018 – February 2019

We invite you to join us this winter for healing, germination, reflection and restoration. Winter is a time of germination, a time that we sow the seeds of the future so they may blossom in Springtime. There is so much magic in Wintertime, the seeds we have planted and allow to germinate during this season have unimaginable potential for growth. Winter is also a time for reflection, a time to call in bear medicine to move deeper into the unconscious and bring forth a greater awareness for the coming seasons.

In the indigenous traditions the number 3 is a spiritual number representing “God time.” The work we will be doing during these 3 days is done on the sacred ground and sites of the La Sal Mountains and the sacred land of the Red Rock Desert.

**Cost: \$450 – Payment Plan Available** (Includes 3 nights of lodging in your own private room)

**Pick your own dates:** Call or email for more information, a list of items to bring (including food) and to set a date for your retreat.



### About your healers:

- **Teague Eskelsen** – Traditional Shaman Healer who is rooted in the ancient wisdom of the first nations people. Trained in the Traditional Shamanic medicines of the Chinese, Hawaiian, South American and Native American indigenous traditions, Teague is a spiritual guide who holds space for indigenous ritual and ceremonial healing.
- **Chris Weeks** - Healer and Teacher who is trained in the Traditional Shamanic medicine of equine learning and healing, as well as the Traditional Creative Arts: using song, dance and creativity for healing. Chris is currently being trained in the Traditional Shamanic medicines of the Chinese, Hawaiian, South American and Native American indigenous traditions.
- **Angela Peterson** - Angela is a trained Reiki Master/Teacher and is currently being trained in the Traditional Shamanic medicines of the Chinese, Hawaiian, South American and Native American indigenous traditions. Angela incorporates her studied knowledge and psychic understanding of the Chakra system and inner child healing into her work as a healer.

**Phone Number:** 435-686-2284 **Email:** [shamanonthemountain@gmail.com](mailto:shamanonthemountain@gmail.com) or [mtpeale@gmail.com](mailto:mtpeale@gmail.com)